



At **FoundHealth**, we provide a comprehensive resource for health information and the context that will help you **find the right solutions for you**. We combine an online community with a rapidly growing database of treatments from all credible healing sciences to create a place where valuable health information is exchanged **freely, easily, and confidently**. Our community unites around health challenges and provides reviews on treatments they've experienced, prescribed, or recommended. By tapping this collective wisdom, users can construct a Personalized Care Plan that can guide them through whatever challenges they face!

FoundHealth sees the future of medicine – **integrative, holistic, personalized, data-driven and peer supported** - and we are here to guide the transition for the millions of people seeking health information online.

A 3-Step Approach

Discover: A **FoundHealth** user has access to over 2000 treatments. Simply search for a **health challenge** and discover a variety of helpful options in medicine, herbs, diet, body, mind and spirit. With **FoundHealth**, you can fight any health challenge from every angle!

Learn: We're building the most comprehensive source of health information and **treatments** online. Find out exactly what each treatment is, and **how it works**. Read about possible side effects and other warnings, what results to expect, and what other treatments might compliment it.

Contextualize: Read **experiences** shared by the **FoundHealth** community (doctors, therapists, and real patients) to make informed decisions about your health. **Ask and answer questions**, build connections, and feel extra support during your journey!

The Birth of FoundHealth

FoundHealth was founded in 2009 by Rita Sharma and Mike Rosenthal. Through intense personal challenges they recognized that health problems, as well as solutions, are unique. They saw the need for a place where people could not only find health information, but also a community of health professionals and people just like them that could offer guidance along their journey to better health. Gary Wu, utilizing over a decade of experience in engineering and software development, built **FoundHealth** with a focus on ease-of-use, reliability and scalability. Uniting a wealth of experience in the health, technology and business fields, Rita, Mike and Gary created **FoundHealth!**

Founding Team



Gary Wu – CTO



Rita Sharma – CEO/Co-Founder



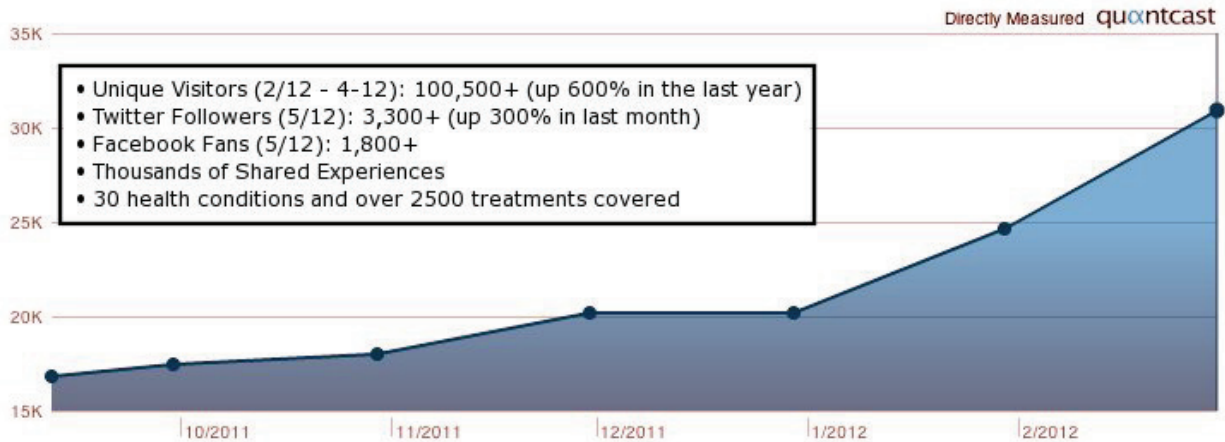
Mike Rosenthal – Co/Founder

Experts Council

Greg Barsten, DC, MS, RH(AHG) – Chiropractor, Nutritionist, Herbalist
Meg Jordan, PhD, RN – Clinical Medical Anthropologist
Deborah A. Metzger, PhD, MD – Gynecologist, Integrative MD, Reproductive Endocrinologist

We're Growing!

Visits (Global) per Day | Week | Month



Press

SFGate | Integrative Health Leader FoundHealth.com to Feature Innovative Technology at the Fifth Annual Health 2.0 Conference

SFGate | Leader in Integrative Health Joins Experts Council at FoundHealth

Yahoo News | FoundHealth.com Gets Healthy Boost with Tie50 Finalist Award

FAQs

Q) How is **FoundHealth** different from every other health website out there?

A) It's all about the community! Health information is scattered all around the Internet, but how do you know what works for you? At **FoundHealth**, our community of health professionals and real patients share what they've tried and what the results were. Think of the way Yelp helps you find a good restaurant - why not use that power to find good health?

Q) What kind of treatments do you cover?

A) As an integrative health site, we provide information on all evidence-based treatments for mind, body and spirit. Western medicine, therapy, diet, exercise, alternative medicine, and much more are all welcome to be discussed and explored by the **FoundHealth** community!

Contact Us

We're always looking for new ways to spread the word and grow the **FoundHealth** community! Need information for an article? Want to contribute to our site/blog? Use press@foundhealth.com or the links below to contact us with some information about yourself and how you'd like to be a part of **FoundHealth's** mission!

